

BEHAVIOUR POLICY

FOR GYMNASTS

At Evoke Gymnastics, we strive to provide a fun, positive, and safe environment for children to develop gymnastics skills and improve their general fitness. To ensure the safety and well-being of all participants, we expect all gymnasts to listen to their coaches and demonstrate respectful and appropriate behaviour at all times.

Gymnastics, like many other sports involving height, rotation, and motion, carries an inherent level of risk. Therefore, any unsafe or disruptive behaviour is unacceptable, as it may compromise the safety of both the individual and others within the group. Poor behaviour can disrupt the session, distract coaches, and prevent other gymnasts from fully engaging and progressing.

STANDARDS OF BEHAVIOUR

All gymnasts are expected to:

- Follow instructions from coaches promptly.
- Treat coaches and fellow gymnasts with respect.
- Refrain from behaviour that may endanger themselves or others.
- Contribute to a positive and supportive training environment.

SANCTIONS FOR POOR BEHAVIOUR

1. **FIRST WARNING:** The gymnast will receive a verbal warning.
2. **TIME-OUT:** If the inappropriate behaviour continues, the gymnast will be asked to sit out for a short period.
3. **REFERRAL TO HEAD COACH:** If the behaviour persists after rejoining the session, the gymnast will be referred to the head coach, who will decide when and if the gymnast may rejoin the session. The head coach will also determine whether it is necessary to speak with the gymnast's parents or carers.
4. **PARENTAL INVOLVEMENT:** If a gymnast has been spoken to more than twice and asked to sit out, parents or carers will be contacted to discuss the issue.
5. **REMOVAL FROM CLUB:** If the gymnast's behaviour remains unacceptable after three sessions, despite parental involvement, they may be asked to leave the club. No refund of membership or term fees will be provided. However, the gymnast's British Gymnastics membership can be transferred to another club if applicable.

REVIEW AND UPDATES

This policy will be reviewed annually and updated as necessary to reflect best practices and feedback from coaches and members.

This policy was published on **21 October 2019** and last updated on **19 March 2025**. Any updates will be communicated via email.